

# WALKING AND TALKING

**Choreography and Concept** Jiří Pokorný  
**Lighting Designer** Jiří Pokorný  
**Costumes** Enzo Toma  
**Produced by** Equilibrio Dinamico  
**Length** 20 minutes  
**Dancers** Five  
Realized during the choreographic residence  
"Experimental" supported by Teatro Pubblico  
Pugliese, Regione Puglia -Fondi Fesr 2007-2013



*Walking and talking ph. Michele Costante*

Needless to always reiterate the same things in order to find a justification or reason to go on every day. And yet, if we stayed to meditated or wondering always the same questions, we would realise that the time is so short and things to be done are too many or too few. Moments pass, a life goes and still thoughts actually change every time. Matter of experience? Who knows.

It is important not to be influenced by others. To treasure from what surrounds me and never to distract myself from what i'm and only me. Treasuring from others does not mean paying

attention to it but making our a philosophy that unconsciously could be mine.

This investigates the existence but does not help us to exist.

Religion teaches us to despise, art in all its forms is a good excuse but far away from home it becomes useless. It's all a contradiction. Life is a contradiction. Do you believe in contradiction? I do. Since when i realised that, in order to feel better it is advisable to suppress what really makes us feel good. In the meantime I'm here. Today i'm here and i live, tomorrow i learn and live. Learned.